



Andrew Trygstad

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Fight Direction

Night of the Living Dead	Theatre-On-The-Hill
Bloody Bloody Andrew Jackson	Columbia College Chicago
Peter and the Starcatcher	Naperville North High School
Noises Off	Naperville North High School
Oklahoma!	Summer Place Theatre
Sweeney Todd	Elmhurst College
Dog Sees God	Elmhurst College
Skyscraper	Dauntless Players Theatre Company
West Side Story	Summer Place Theatre

Directing/Choreography

Mary Poppins	Choreographer	WMC Productions
Music Man	Director/Choreographer	WMC Productions
Joseph... Dreamcoat	Dance Captain	Summer Place Theatre
Fame – The Musical	Choreographer	Just South of Broadway

Education and Training

- Columbia College Chicago: BA Acting- Shakespeare: Tom Mula; Stage Combat: David Wooley/John McFarland
- College of DuPage: Various Studies- Acting: Connie Canaday-Howard, Amelia Barrett; Stage Combat/Movement: John Tovar
- 1st Worlds Stage Combat Conference 2016, Toronto, Ontario, Canada: Advanced level Classes
- Certifications:
 - Certified Advanced Actor Combatant, Society of American Fight Directors
 - Certified Advanced Actor Combatant, The Academy of Fight Directors Canada
 - Level 3 Advanced Actor Combatant, Society of Australian Fight Directors, inc.
 - Advanced Actor Combatant, British Academy of Stage and Screen Combat
 - Level 2 Advanced Actor, Nordic Stage Fight Society
 - Weapons experience: Pass with recommendation in the following weapons: Unarmed, Rapier and Dagger, Case Rapier, Smallsword, Sword and Shield, Broadsword, Knife, Hollywood Single sword, quarterstaff, Found weapons

Special Skills and Recognition

- Advanced level Juggler, Unicycle, stilts (static walking style and Jumping style); tumbling: clowning
- Additional classes in Tae Kwan Do, Aikido, Karate, Krav Maga; weapons training in knife and unarmed combat, Jo staff and Bo, Kama
- Awards:
 - Paddy Crean award, The Academy of Fight Directors Canada, 2016
 - Instructor's Award: Society of Australian Fight Directors, Inc., 2016
 - Actor of the Year: Elmhurst College
- Memberships: International Jugglers Association; Society of American Fight Directors; The Academy of Fight Directors Canada; British Academy of Stage and Screen Combat